

# Grief Support Groups Spring 2023

*Join us to share with others, to express feelings and to learn to cope again following the loss of a loved one.*

## Support for Adults

All sessions are held in the comfortable, safe and private offices of Moorestown Visiting Nurses & Hospice

300 Harper Drive, Moorestown NJ 08057

### Recent Widow & Widower

**Grief Support Group** (Less than 2 years)

**Thursdays, 1:30 pm:** 3/9, 3/23, 4/13, 4/27, 5/11, 5/25, 6/8, 6/22

### Loss of a Family Member or Friend Grief Support Group

**Thursdays, 6:00pm:** 3/9, 3/23, 4/13, 4/27, 5/11, 5/25, 6/8 & 6/22

### LGBTQI Grief Support Group

**Tuesdays, 6:00pm:** 3/7, 4/4, 5/9, 6/20

## Expressions for Children

**Grief Support Group for Ages 7-13**

**All sessions 6:00pm—7:15pm**

**Tuesdays:** 3/21, 4/11, 5/2, 6/6

**Thursdays:** 3/2, 4/20, 5/18, 6/15

**300 Harper Drive, Moorestown NJ**

Hands-on creative and art-based activities designed to help children process grief while learning positive coping strategies.



**YOU MAY JOIN A GROUP AT ANY TIME.**

**RSVP/PRE-REGISTRATION REQUIRED** at least 24 hours in advance,

**Call (856) 552-1300, ext. 2507 or**

**E-mail [vasko@moorestownvna.org](mailto:vasko@moorestownvna.org)**

Please share your phone number and email address when you register

Names and information shared during group sessions are confidential and should not be shared with those outside the group. Thank you

[services@moorestownvna.org](mailto:services@moorestownvna.org)

[www.moorestownvna.org](http://www.moorestownvna.org)

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