



NEWS RELEASE

Contact: Kim Plasket, Director of Public Communications
Moorestown Visiting Nurse Association
300 Harper Drive
Moorestown, NJ 08057
(856) 552-1300 x-2191 Fax: (856) 552-1307
plasket@moorestownvna.org

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Moorestown Visiting Nurse Association Announces 2009 Seasonal Flu and Pneumonia Vaccination Clinics

(Moorestown, NJ) Now is the time to protect you and your family members against this season's flu virus according to Moorestown Visiting Nurse Association (VNA.) In order to meet community needs, seasonal flu clinic dates are being offered throughout the area and at Moorestown VNA's home office by the local organization which serves Burlington, Camden and Gloucester counties. **(See www.moorestownvna.org for a complete list of flu clinic dates/locations.)**

"Moorestown Visiting Nurse Association will hold over 65 vaccination clinics open to the public this year," says Carole Rocco, RN, Community Health and Wellness Manager. "Even though it does not include specific protection against H1N1 virus, this vaccine is your first line of defense against H1N1. We highly recommend vaccination early in the season in order to protect against the seasonal flu virus. Statistics show that most flu sufferers lose two weeks or more of work, school and personal time. Don't let this happen to you!"

Seasonal flu immunizations through Moorestown Visiting Nurse Association cost \$25, and are available to adults and any person over the age of 9 with informed parental consent. Pneumonia vaccinations, which last 5 years, cost \$40 and are available to persons 18 and over. Both flu and pneumonia vaccinations are fully covered under Medicare “B” Primary.

In addition to public walk-in clinics throughout the region, Moorestown Visiting Nurse Association will offer seasonal flu and pneumonia vaccinations by appointment at their Moorestown office, 300 Harper Drive, every Monday from 4 p.m. to 7 p.m, and every Wednesday from 1 p.m. to 5 p.m. starting on September 28 and through December 16, 2009. Appointments may be made by calling Denise Boothman at (856) 552-1302, extension 2196.

According to the Centers for Disease Control (CDC,) those who are at the highest risk of flu complications should be vaccinated early in the season. Those at the highest risk include people over the age of 50, residents of long-term care facilities, people aged 2-64 with chronic health problems, children aged 6-23 months, and pregnant women past the first trimester. The CDC recommends that all working people be vaccinated to prevent the spread of seasonal flu this year.

Seasonal influenza vaccination is the primary method for preventing the seasonal flu and its severe complications. Additionally, The United States Public Health Service and The American Lung Association recommend the pneumonia vaccine for all persons over the age of 18.

Marking its 105th anniversary in 2009, Moorestown Visiting Nurse Association is a non-profit organization that provides home care, private duty, hospice, counseling and community wellness services to families in Burlington, Camden and Gloucester counties.

Information about the agency and upcoming flu clinics is available at (856) 552-1300, e-mail services@moorestownvna.org, or online at www.moorestownvna.org.



Moorestown VNA staff nurse administers a flu vaccination. The organization will offer over 65 seasonal flu clinics to area residents starting in late September.

Photo courtesy of Moorestown Visiting Nurse Association